

## October 2024 E-Newsletter

## Little Acts of Love (click image to watch video)



**Volunteers quickly work to prepare** everything for their guests, getting ready for the quarterly Foot Clinic at True Worth Place. Stations are set up with a chair, a tub of warm, sudsy water, files and buffers, lotions, and towels. Guests wait patiently to have a little bit of TLC put toward their feet and to receive any necessary medical attention their feet may need.

"This all started back in 2018; I was new faculty at TCU Nursing," says Dr. Kim Posey, Director of Graduate Nursing at TCU, "I knew that we had a lot of involvement, TCU in general, here at True Worth Place. They had shared with me that one of their visions was a foot clinic [....] I felt very passionate and energized at the thought of it; of doing something, you know, so personal and loving as touching the feet, washing the feet, and, again, that symbolism of this is what Jesus did – does! – and this is how we show compassion for our community and the people we love who we want to lift up."

The clinic is staffed by dedicated volunteers, who wash, massage, and buff the guests' feet. After finishing that part of the service, guest move to another section of chairs where they are seen by student nurses, who clip their nails and address any medical issues pertaining to their feet that may need attention.

"I don't usually pamper myself a lot," says Janet, "but when there is an opportunity to come out and get a free service to have whatever needs to be looked at – especially your feet! When you're on them all day long walking out here trying to get food or whatever you need to get, it's wonderful!"

Both the volunteers and the student nurses intentionally engage with the guests as they provide the service, providing a moment of true human

connection.

"Many of them may be embarrassed at first...but then once we start talking to them, they relax and they are so grateful for the help," Dr. Posey continues, "But too, they are just grateful for that friend to listen. They tell you their story and they've got somebody that is non-judgmental just to listen and hear them. And they want to be heard."

The Foot Clinic at True Worth Place happens quarterly. If you are interested in volunteering for this special event, contact Judi Glover, Director of Volunteer Engagement at <a href="mailto:jglover@journeyhome.org">jglover@journeyhome.org</a>.





Our **2024 Day of Service** is upon us! We are anticipating upwards of 150 volunteers who will be joining us to accomplish some big projects across our 7-acre campus. Projects will include landscaping, mulching, installing new lockers for our guests at Patriot House, assembling a new pergola at Safe Haven, and more! We are so grateful for all of these volunteers, and to our generous sponsors: **Lockheed Martin**, General Sponsor; **TPG**, Lieutenant Sponsor; **First Command**, Major Sponsor; and **Atmos Energy**, Major Sponsor. Your generosity and support help make this all possible!



Thanks to donors like you, we can help families and individuals who are facing homelessness in our community. Families like Carol and Albert's, who, thanks to our **FIRE** (Family and Individual Rapid Exit) program, were able to move into a 3-bedroom apartment, giving them the breathing room they needed to create a stronger future. Thank you for your support - it's changing lives!

Yes! I want to help guests exit homelessness!



## **Get Your After Party Tickets!**

The *30th Anniversary Home for the Holidays Gala* is sold out, but you can still join us on December 6! Even if you missed out on securing a table this year, purchase your ticket today for the **After Party**. A limited number of \$150 tickets include entry at 9:00pm, live music from Time Machine Band, dancing, and open bar.



Get My After Party Ticket!

## Journey Home Housing

As families and individuals continue moving into Journey Home Housing, a number of items are needed to get them started on their journey in their new home. If you would like to make an In-Kind donation, please consider selecting something from our Amazon Wishlist!

Journey Home Housing Amazon Wishlist

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